



Dr. Grace Soltynski
DAOM, LAc, LCSW

Grace is a licensed, board certified Doctor of Acupuncture and Oriental Medicine (DAOM) in California. She graduated with her Masters Degree in Traditional Chinese Medicine from South Baylo University, in Anaheim, California and received her Clinical Doctorate in Chinese Medicine from Emperors College of Traditional Oriental Medicine in Santa Monica, California. In addition, she completed a one year Fellowship in acupuncture at Good Samaritan Hospital in Los Angeles where she treated patients with Stroke and Cardiovascular Disease. She furthered her studies by completing an externship at Yunnan Hospital of Traditional Chinese Medicine in Kunming, China.

Grace is also a licensed clinical social worker having earned her Masters Degree in Psychotherapy (LCSW) from California State University, Long Beach. She is affiliated with Long Beach Memorial Hospital where she worked for thirteen years, providing mental health care to women of child-bearing age and cancer patients.

Grace joins The Healing Sanctuary as an anti-aging specialist, teaching her patients how to maintain their vitality as they age and how to enhance their beauty from the inside out. Additionally, Dr. Grace specializes in functional medicine and has successfully supported and treated patients with health issues such as cancer, chronic fatigue syndrome, fibromyalgia, migraines, menopausal symptoms, hormonal imbalance, polycystic ovarian disease, and numerous orthopedic conditions. Grace uses acupuncture, herbal remedies, nutrition, tui-na, psychotherapy techniques and comprehensive diagnostic laboratory tests to effectively treat her patients.

Grace believes that everyone can achieve optimum health and wellness for themselves. She enjoys giving cutting edge lectures on topics such as “Finding your balance as you approach menopause and beyond”, “Natural prescription for perfect weight”, “Pain free in 6 Weeks”, “Cancer prevention”, and “Detoxify or die”.