

Here, at the Eco Waterhouse, we provide Alkaline, Ionized, and Hydrogen rich WATER, the way Nature intended it.

By Dr. Sircus's Water Cure April 28, 2017

Understand that without water there is no life. Without sufficient hydration, all other medical treatments are doomed to fail. There is no substitute for good water and no getting around the realities of dehydration. All functions within the body require the presence of water. A well-hydrated body enables biological functions to occur quickly and efficiently. One of the secrets to health and recovery from chronic disease is drinking a lot of healthy water loaded with strong healing agents.

Water is a medicine. At the Canadian Society of Nephrology's 2013 annual meeting, researchers reported that chronic kidney disease was 2.5 times less likely to develop in people who drank more than 4.3 liters of water a day than those who drank less than two liters a day.

Drinking tap water or any acid demineralized water is going to take one to a grave a lot faster than drinking alkaline mineralized water will. Tap water pH 6.2–6.9 is associated with a fourfold higher risk of type 1 diabetes compared with pH ≥ 7.7 .

Water is crucial to biological existence and we find that dehydration removes water layers around proteins that are essential for maintaining the original protein structure. Dehydration also tends to run us down into lower energy states, inflammation and eventually to diabetes, heart disease and cancer. Full hydration is needed for full healing. When treating cancer or any other disease the most basic answer to inflammation is water for any level of dehydration is inflammatory.

Miracle Healing Waters Made at Home

Science and Medicine have been studying miracle-healing waters found in nature for a long time. Most healing spring waters turns out to be high in hydrogen or in magnesium bicarbonate. It is not just the absence of bicarbonate in our water that leads to diabetes and other diseases including cancer but also the absence of magnesium.

The presence of high levels of magnesium in the water and bicarbonate insures that one's water is alkaline. One of the main reasons magnesium bicarbonate is effective and strong is because bicarbonate acts as a transporter of magnesium into the mitochondria. After a few days, one can literally experience the extra punch of energy when drinking all your water loaded with magnesium bicarbonate.

Healing with Hydrogen! You are just about to discover how brilliant, safe and effective modern medicine can be

Healthy healing water is not only pure (filtered) it also has powerful mineral medicines added, principally magnesium, sodium bicarbonate, potassium bicarbonate, hydrogen, iodine, sulfur and selenium. This levels the playing field between water filtration approaches for having distilled water, with its lack of minerals not a disadvantage anymore. Increase of bicarbonates in the bloodstream will prevent aging and the onset of adult degenerative diseases.

When treating at home we can approach the power of intensive care medicine if we use water as a medicine. Instead of intravenous medicine, we practice Water Based Medicine. Water is a "whole food" that nourishes our bodies like no other food can. It flushes toxins from the body; supplies needed minerals, and affects the body in subtle ways.

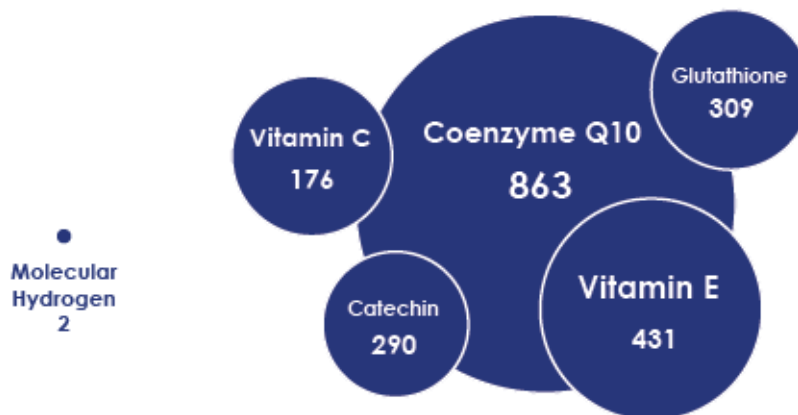
When we add the right substances to our water and then drink a lot, we turn our water into a medicine and our medicine becomes our miracle. Miracle water brings miracles to our health.

Lack of Bicarbonate Leads to Diabetes, Cancer and Heart Disease

pH means everything to a cell's water life. The most important function of alkaline water is to increase bicarbonates in the blood because we lose bicarbonates as we age. Dr. Lynda Frassetto of University of California, San Francisco knows, "Insufficient amount of bicarbonates in our blood reduces our capabilities to manage (neutralize and dump) the acid our body produces. This is the cause of aging. The age of 45 is the average age when human beings start to show symptoms of diabetes, hypertension, osteoporosis and many other adult degenerative diseases. And since we cannot manage the acid, we accumulate acidic wastes in our body. These wastes show up as cholesterol, fatty acid, uric acid, urate, sulfate, phosphate, kidney stones, etc."

It is important to note that people living/working in a polluted environment have fewer amounts of bicarbonates in their blood than people working in a clean environment.[1]The most important function of alkaline water is to increase bicarbonates in the blood because we lose bicarbonates as we age.

Molecular Hydrogen Water



Relative Sizes of Antioxidants

Everyone who needs to heal himself or herself needs to know about molecular hydrogen. Each drink of hydrogen water will flush our bodies with trillions of hydrogen molecules. H₂ is the most effective molecule to scavenge or pair up with other molecules in the body that need to be neutralized. The more water you drink infused with hydrogen the better.

There is no toxicity to H₂ because the byproduct of the free-radical neutralizing reaction is water. Each molecule of H₂ will neutralize 2 hydroxyl radicals into two molecules of H₂O hydrating your cells in the process. Hydrogen water at a concentration of 1.6 mg/L would have more "antioxidant" molecules than 100 mg of vitamin C, as there are more total molecules in 1.6 mg of hydrogen compared 100 mg of vitamin C.

Magnesium the Most Necessary Mineral in Water

Magnesium is necessary for just about everything in the body including the action and manufacture of insulin. Magnesium is a basic building block to life and is present in ionic form throughout the full landscape of human physiology. Without insulin though, magnesium is not transported from our blood into our cells where it is most needed. Little do we appreciate that insulin is not just responsible for regulating sugar entry into the cells but also magnesium. Magnesium deficiency is associated with insulin resistance in obese children.[2]

With more magnesium in our water, we would see a steep drop off of heart attacks and strokes. With more magnesium, we suffer less from pain and depression and a host of other ailments.